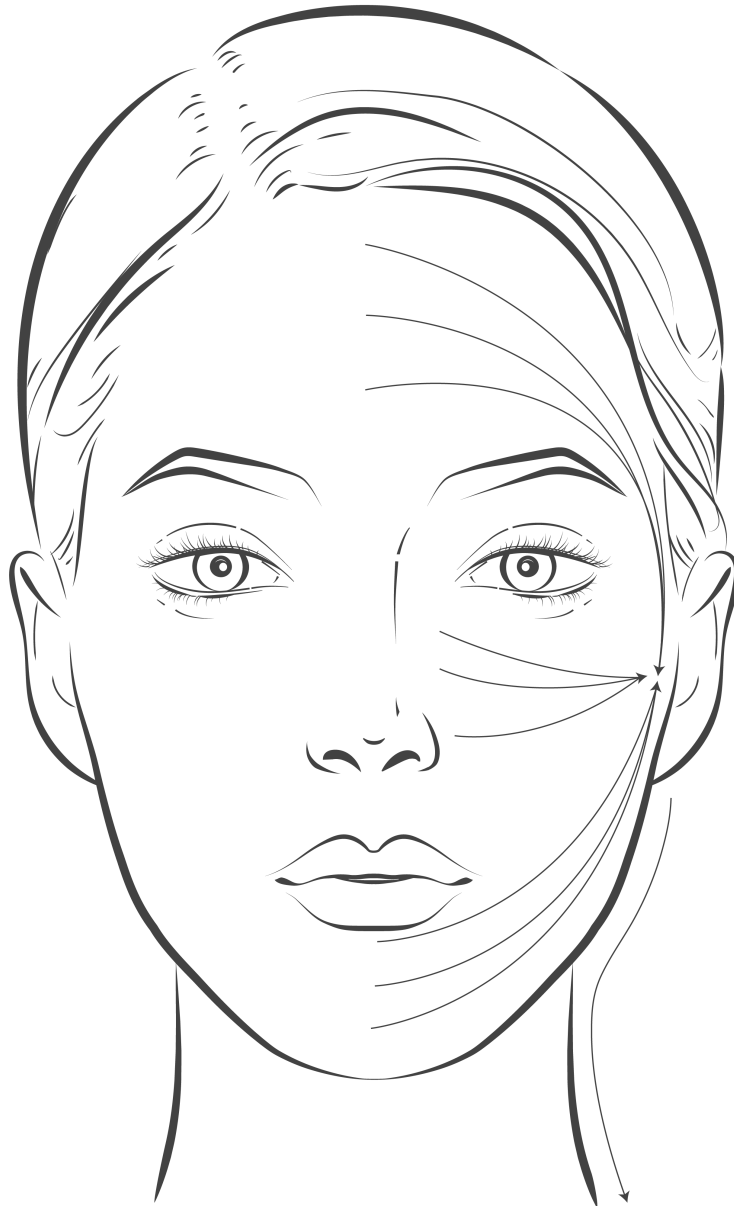


# 'Detoxify and Drain' Protocol



1. Open thoracic nodes by pressing 3-4 times at the top of the sternum
2. Select correct setting for skin type, on extraction mode. Use the small tip applying light pressure without breaking contact with the skin (On clean, dry skin).
3. Pass from one side of the forehead to the preauricular node (Centre of ear)
4. Continue to work on that side of the forehead 3-4 passes passing underneath where the last pass was all to the preauricular node.
5. Once forehead has all be completed, carry out one pass from preauricular to supraclavicular node (side of neck stopping at clavicle)
6. Carry out the same steps on mid face 3-4 passes to parotid (base of earlobe) and then drain to supraclavicular.
7. Carry out same steps on lower face stopping at the submental (mid jawline) and then draining to parotid and supraclavicular.
8. Carry out the same steps on the other side of the face